ROOTED
A SMALL STUDY WITH BIG RESULTS

“CEASE STRIVING AND KNOW THAT I AM GOD.”

ROOTED is a study designed and developed by Matthew Ouellette. Key influences were Cameron Walker, Henri Nouwen, Dave Rhodes, Donald Miller, and John Sheasby. For more information or printable PDFs visit MatthewOuelletteMusic.com. All Scripture used is from the NASB.

Identity Study — Discussion Questions
What has been challenging about your identity?
Who would you like to be seen as? Why?

Describe some of the images that alread exist within you to form your current identity.

What skins have you created and relied on to avoid the shame beneath?

Do you think, perhaps, the enemy of your soul has suggested lies concerning who you are?

In what way has shame or guilt kept you from your Heavenly Father?

Which of Jesus’ 3 temptations most sticks out to you?

What is spoken in the river is always questioned in the wilderness.

What decisions in your life right now might be a matter of ‘temptation in timing’?

Ambition — Approval — Appetite

Which corner do you believe you reside in during this current season of life?

What spiritual discipline could you “install” for two weeks?

Spend a couple minutes wrestling with these ideas:

Performance + Perfection vs. Recognition + Recovery

What speaks to you most about the Father’s actions? Has this been your experience with the Heavenly Father?

Of the robe, ring and sandals, which is most difficult for you to put in your own context?

What might you be trying to earn from the Father that you’ve already inherited through the Son?

Post-Parable: Worth vs. Birth

Have you ever ‘paused’ your relationship with God because you felt unworthy of it?

How have you allowed your spiritual performance to overshadow the performance of Jesus?

Has your sense of worth overshadowed the truth of your birth?

Meditation

We actually meditate day in and day out. Today we might call it “obsessing”. And so the call to meditate on Scripture is not a “start” but a “shift” of heart.

What is it that you believe you must shift your meditation from?

Are you willing to ask the Father to reveal what lies you are believing about yourself? Are you willing to ask him to reveal the truths about yourself?

What is a practical step you could take this week to move in that direction?